

Meet Information

SASA

EAST DISTRICT

**LONG COURSE
OPEN CHAMPIONSHIPS**

2nd & 3rd June 2007

The Royal Commonwealth Pool
Edinburgh

Open Championships

License No:
LA1/167/ED/JUN07

Event Regulations

Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider's regulations:

- Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of the East District and/or any police officer.
- No guarantee can be given by the East District that the event will take place at a particular time or any particular date and the East District reserves the right to reschedule the event without notice and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of the East District. The East District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of the East District and/or police officer.
- No object may be thrown by spectators within the venue.
- No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.
- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.
- No person may for commercial purposes take photographs or use any video recording equipment inside events without the express written permission of the East District. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with SASA Ltd Guidelines with regard to video recording and zoom photography.
- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only the East District within events without the express written permission of the East District.
- Any person entering events must at all times comply with any and all instructions of any steward or officer of the East District and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.
- No tickets may be offered for resale within events. Any such tickets offered for sale may be confiscated by any steward or officer of the East District or any police officer.
- The East District reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

EAST DISTRICT LONG COURSE OPEN CHAMPIONSHIPS

2nd & 3rd June 2007

**The Royal Commonwealth Pool
Edinburgh**

Entry applications are invited for the above Championships.

MEET INFORMATION

Venue: The Royal Commonwealth Pool, Dalkeith Road, Edinburgh EH16 5BB

Pool: 50m, 8 lanes with anti-turbulence lane ropes.
Electronic Timing will be in operation.
A swim down area will be available throughout the competition. The meet organisers reserve the right to withdraw this facility in the event of repeated disruptive behaviour.
During competition, swimmers shall only be permitted on poolside when marshalling for races and presentations. Coaches are not permitted on poolside.
A swim shop will be available during the event

Events: As per attached programme.

Entries: All entries should be submitted by computer files, which can be obtained by applying by email (see request form for details) to: JBruce2160@aol.com

**John Bruce
Entries Secretary
50 Station Road
Roslin EH25 9LR**

Tel: 0131 440 1752

Accredited times must be submitted for all events. Times submitted should have been achieved on or after 1st May 2006 and must be capable of verification by a Club Official. The following types of event will be accepted:

SASA accredited meets (LA1 to LA2)

Equivalent meets organized by ASA affiliated counties or clubs or other FINA affiliated organizations.

25m conversions may be used.

The attached sheet (or an appropriate equivalent which provides the same information) must be completed in respect of each entry, detailing the date and venue when the submitted time was achieved. Random checks of entries will be made prior to publication of the programme. In the event that entry times cannot be substantiated, the meet organizers reserve the right to reject the entry without refund.

Consideration times for entries are set out on the attached sheet. **Do not submit entries that are slower than the consideration times.** The organising committee reserves the right to restrict heats to meet the constraints of time once entries have been received. Entry times for relays will be used for seeding purposes only.

CHAMPIONSHIP AWARDS:

Medals will be presented to the first three swimmers in each event. The first East District Senior and Junior swimmer will also be required for presentation if not already included in the first three places. For relay events, presentations will be made only to the swimmers participating in the event.

Prize money will be paid as follows:

East District Junior Record	£25
East District Senior Record	£50
Scottish Junior Record	£50
Scottish Senior Record	£100

In the event that more than one record is broken in any one event, only the highest eligible payment will be made.

SWIM FEES:	Individual	-	£4.50
	Relay	-	£7.00

Fees for rejected entries will be returned as soon as possible after the event.

CLUB PASS:

Clubs will receive two complimentary passes, one for a male and one for a female, which allows them, on presentation, poolside access (during warm up only), start and result sheets. Additional coaches' passes can be purchased in advance at a cost of £7.00 for the weekend.

MEALS:

Lunches for coaches will be provided at a cost of £7.00 per day. Coaches wishing to avail themselves of this facility should complete the attached form and send a cheque for the appropriate amount along with the completed entry files.

TECHNICAL OFFICIALS:

Clubs will be required to provide technical officials in line with the current East District Rules. Clubs will be notified of their requirements once accepted entries are confirmed and will be required to notify in advance the name and Official Number of nominated officials. Technical Officials should wear appropriate pond-side apparel.

CLOSING DATE:

2pm on Tuesday 8th May 2007

SASA EAST DISTRICT LONG COURSE OPEN CHAMPIONSHIPS 2007

ENTRY FILE REQUEST FORM

Please email Entry Files to:

Club
Club Contact Name
email address: Essential
Please also provide Postal Address
Post Code: Telephone:

Please apply for files by email providing the above information to:-

JBruce2160@aol.com no later than 23/04/07

John Bruce
Entries Secretary
50 Station Road
Roslin
EH25 9LR

Tel: 0131 440 1752

Office use only

Date files issued	Date files returned	Date files processed

**SCOTTISH AMATEUR SWIMMING ASSOCIATION
EAST DISTRICT**

**LONG COURSE OPEN CHAMPIONSHIPS
2nd & 3rd June 2007**

SUMMARY SHEET

Please enclose this summary along with the entry files to:

JOHN BRUCE, 50 STATION ROAD, ROSLIN, MIDLOTHIAN, EH26 9LR

Club:.....

Contact:.....(Print)

Address:.....

Telephone No:.....

E-mail Address:.....

			Total
No. of Male Entries		@ £4.50 per Entry	£
No. of Female Entries		@ £4.50 per Entry	£
No. of Male Relay Entries		@ £7.00 per Entry	£
No. of Female Relay Entries		@ £7.00 per Entry	£
No. of Additional Coaches Passes		@ £7.00 per Pass	£
No. of Meals Saturday Lunch		@ £7.00 per Ticket	£
No. of Meals Sunday Lunch		@ £7.00 per Ticket	£
TOTAL REMITTANCE			£

Please make cheque payable to "SASA East District"

I confirm that all swimmers entered have paid their SASA membership fee for 2007/08 (or ASA / WASA equivalent) and that all entry times have been achieved at an accredited meet as laid out on the attached sheets. Results sheets must be provided if requested by the meet organizers.

Signed: _____ Date: _____

Position: _____

CONSIDERATION TIMES

MEN	EVENT	WOMEN
28.70	50m Freestyle	32.60
1.02.00	100m Freestyle	1.08.00
2.20.50	200m Freestyle	2.25.50
4.55.00	400m Freestyle	5.15.00
N/A	800m Freestyle	10.51.00
19.30.00	1500m Freestyle	N/A
34.50	50m Backstroke	38.00
1.15.00	100m Backstroke	1.17.50
2.45.00	200m Backstroke	2.52.00
37.00	50m Breaststroke	41.30
1.20.50	100m Breaststroke	1.27.50
2.54.00	200m Breaststroke	3.07.50
32.00	50m Butterfly	35.50
1.11.00	100m Butterfly	1.19.00
2.37.00	200m Butterfly	2.52.00
2.41.50	200m Individual Medley	2.50.50
5.33.00	400m Individual Medley	5.58.00

DO NOT SUBMIT ENTRIES THAT ARE SLOWER THAN THE CONSIDERATION TIMES.

SASA EAST DISTRICT LONG COURSE OPEN - EVENTS

SESSION 1 Saturday 2nd June				SESSION 2 Saturday 2nd June			
Warm Up 09.00 Start 10.00				Warm Up 13.30 Start 14.30			
101	Men	400m Freestyle	HDW	201	Women	800m Freestyle	HDW
102	Women	200m Freestyle	Heats	202	Men	100m Freestyle	Heats
103	Men	50m Breaststroke	Heats	203	Women	50m Freestyle	Heats
104	Women	200m Individual Medley	Heats	204	Men	200m Breaststroke	Heats
105	Men	100m Backstroke	Heats	205	Women	200m Backstroke	Heats
106	Women	100m Butterfly	Heats	206	Men	50m Butterfly	Heats
107	Men	200m Butterfly	Heats	207	Women	100m Breaststroke	Heats
108	Women	50m Backstroke	Heats	208	Men	400m Individual Medley	HDW
Finals of events 102 to 108				Finals of events 202 to 207			
109	Women	4 * 50m Medley Relay	HDW	209	Men	4 * 50m Medley Relay	HDW
SESSION 3 Sunday 3rd June				SESSION 4 Sunday 3rd June			
Warm Up 09.00 Start 10.00				Warm Up 13.30 Start 14.30			
301	Women	400m Freestyle	HDW	401	Women	400m Individual Medley	HDW
302	Men	200m Freestyle	Heats	402	Men	50m Backstroke	Heats
303	Women	50m Breaststroke	Heats	403	Women	100m Freestyle	Heats
304	Men	100m Breaststroke	Heats	404	Men	200m Individual Medley	Heats
305	Women	200m Butterfly	Heats	405	Women	200m Breaststroke	Heats
306	Men	200m Backstroke	Heats	406	Men	100m Butterfly	Heats
307	Women	100m Backstroke	Heats	407	Women	50m Butterfly	Heats
308	Men	50m Freestyle	Heats	408	Men	1500m Freestyle	HDW
Finals of events 302 to 308				Finals of events 402 to 407			
309	Men	4 * 50m Freestyle Relay	HDW	409	Women	4 * 50m Freestyle Relay	HDW

